



RACE INFORMATION

Event 1 Warkworth – Sunday 20th January 2019

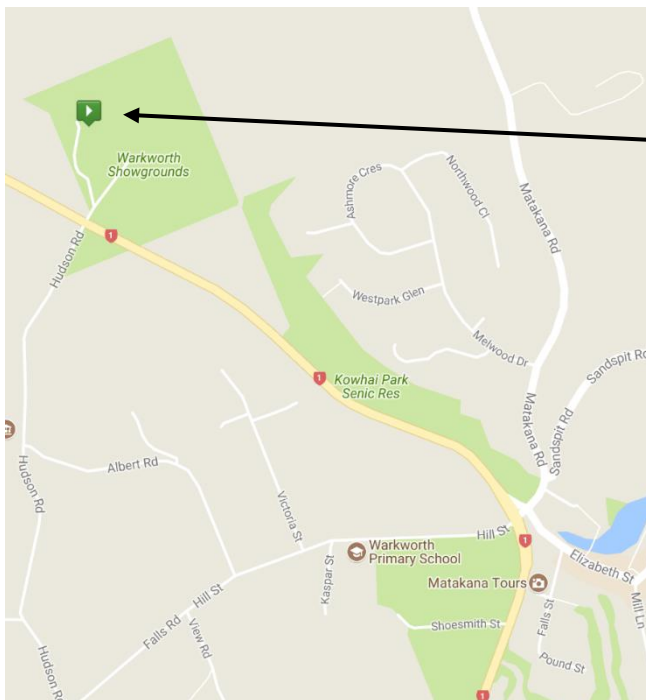
Race registration

Pre-race: You can collect your race bibs on Saturday 19 January from the Hibiscus Coast Athletics porta-cabin at Metro Park on Millwater Parkway, Silverdale. Pre-race registration will be open from 11am to 1pm.

Race day: Alternatively, you can collect your race bib on race day from the registration tent from 7am. Please arrive early to avoid any last minute rush. We want to get you to your start line with minimal stress!

Getting to the event and Parking

The Event Village and start/finish line is at Warkworth Showgrounds. If you need help navigating there, just put Warkworth Showgrounds into google maps and it will take you straight there. There is plenty of parking at the showgrounds so you should have no issues with this.





Gear bag drop

If you have a gear bag you wish to leave with us while you are on the course you can drop that off at our gear drop point at the registration tent. Please make sure your belongings are contained in a bag for this purpose. You will be given a ticket which you will need to keep safe to retrieve your belongings at the end of the event. Please note that while all care will be taken to ensure the security of your belongings, MaD Running Ltd take no responsibility for any loss or damage to your belongings while they are under our care.

Race day schedule

7:00am	Event Venue and Registrations Open
7:50am	10km Runners/Walkers Safety Brief
8:00am	10km Runners/Walkers Start
8:50am	5km Runners/Walkers Safety Brief
9:00am	5km Runners/Walkers Start
10:20am	1km & 2.5km Safety Brief
10:30am	2.5km Start
10:40am	1km Start
11:00am	Prizegiving

Course maps

Get Moving Running Festival
Course Map Race 2 Warkworth 2.5km 5km & 10km



Get Moving Running Festival
Course Map Race 2 Warkworth 1km Kids Dash



Aid stations

There will be marshals situated throughout the course. They will ensure you stay on the course and keep you motivated! There will be one drinks station thanks to the team at Anytime Fitness. This will be located at the start/finish but can also be accessed at each lap for 5km and 10km run/walkers. If the weather is hot, we will locate one at the 1.25km point to ensure there is plenty of water on the course for all.



Timing

There will be no timing tags or mats at this event. Times will be recorded based on gun-time. It is important that you wear your bibs on your front and that your race number is visible as your race number and time will be recorded as you cross the finish line. If your race number is not visible we will not be able to record your time. Event results will be posted on our website as soon as possible after the event. We will send a post-event notification when these are available.

The Event Village

The heart of the Get Moving Festival! Our vision has been to create an event that makes you feel good about being there and moving and to have space to share that with your family, friends, and fellow runners/walkers. As such, we want the start/finish line to be a place you want to stay, where you can bask in the experience and satisfaction of being one step closer to your Get Moving goals. Some of the highlights you can look forward to at the Event Village include:

- A good selection of music to keep your spirits up
- The team from Anytime Fitness will be there to warm you up before your event.
- Peak Pilates and Physiotherapy will be offering a post-event massage
- The all important coffee cart
- Sausage sizzle - all proceeds will go to Youth In Transition – our 2019 event charity partner. They will also be taking buckets around so you can contribute to this great cause.
- A range of other sponsors and exhibitors

Waste Management

The team at MaD Running are working towards a zero waste event policy at our events. This does not mean we will produce no waste, but we are trying to reduce general waste, as well as remove all plastics that are unable to be recycled. To do this we need your help at the events.

- Please place rubbish in the correct bins located around the event village or at drink stations.
 - Yellow Bins for recycled items (cups, paper)
 - Blue bins for general waste
- Use only what you need i.e. try to keep hold of your cup if you are going to drink more water

Spot prizes

We have a range of spot prizes which will be drawn at the Prize giving at 11am, including vouchers and prizes from Run New Zealand, MaD Running, Fashion Brazil, Peak Pilates and Physiotherapy, and Anytime Fitness. This year we also have a set of AfterShokz headphones up for grabs at each event. These are designed to keep you safe while listening to music on the run. You need to be in attendance at the prize giving to be eligible for these prizes. You will need to register to go into the draw on the day.

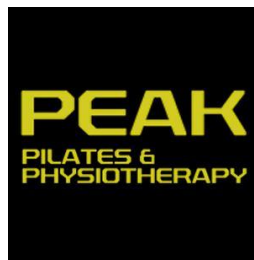
Thanks to our sponsors

This event has been brought to you by MaD Running Ltd. We owe a huge amount of thanks to our sponsors who have helped us to successfully bring the MTF Get Moving Festival to you. In particular:

Title Sponsor



Other key sponsors



Our charity partner

